WESTCROFT JUDO CLASSES

HOMEFIELD SCHOOL MONDAY AFTERNOONS

ACTION-PACKED MARTIAL ARTS CLASSES

CLASS 1 15.10-15.55 AGES **5-7** (R+Y1 & Y2)

CLASS 2 15.55 -16.55 AGES **7-11** (Y3-Y6)

"MORE THAN A SPORT, IT'S A LIFESTYLE"

FITNESS ✓ CONFIDENCE ✓ FOCUS ✓ WELLBEING ✓

EMPOWERMENT ✓ FRIENDSHIP✓ TEAMWORK ✓

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