



LODESTONE
HOUSE

WEEK 3

SUMMER MENU – Reception to Year 8

	MONDAY – Bank Holiday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains		Jerk Chicken Thigh Halal Jerk Chicken Thigh	Pork Meatballs, Gluten Halal Beef Meatballs	Fragrant Thai Green Chicken Curry Halal Thai Green Turkey Curry	Cod Fish Fingers, Fish Smoked Haddock and Spring Onion Fishcake, Fish, milk, Gluten
Vegetarian		Caribbean Butternut Squash, Plantain and Coconut Stew	Vegan Meatless Balls, Soya	Thai Vegetable Quorn Curry, Gluten	Breaded Vegetable Fingers
Sides		Rice and Peas Roasted Sweet Potato and Carrot Sautéed Cabbage	Spiced Tomato Sauce Jeweled Cous Cous Broccoli Sweetcorn	Sticky Jasmine Rice Stir Fried Vegetables, Soya Vegetable Spring Rolls, Gluten	Chips Baked Beans Garden Peas TarTar Sauce, Egg
Salad		Mango, Red Onion and Coriander Salad	Pesto Pasta and Mixed Bean Salad	Thai Noodle Salad, Gluten, soya	Cucumber, Beetroot & Orange Salad
Daily	Jacket Potatoes served with Baked Beans and Grated Cheese				
Dessert		Butterscotch Mousse Pot, Milk	Chocolate Brownie, Egg	Strawberry Jelly Pot with Whipped Cream, Milk	A selection of Ice Creams, Milk
	Organic Yoghurt, Fresh Fruit Platter				
SNACKS		Cinnamon Roll Gluten, Milk	Cheese Pin Wheel Gluten, Eggs	Fruit Platter	Blueberry Muffin Gluten, Egg
	Tomato, Mixed Leaves, Pasta Salad, Coleslaw, Grated Cheese, Butter, Selection of Dressings and Toppings				

